

Assessor's name:

Date:

Location:

## LIFE SKILLS SURVEY

### Introduction

- Your name
- I come from MTG
- I am a player like you
- I am doing M&E and we want to know if MTG is helping girls.. feel free, this is not an exam, every answer you give is ok
- Answers not linked to your name, we are taking your name so we can talk to you again next year
- I don't know if you are ready to talk to me now?
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Respondent's name: \_\_\_\_\_

Respondent's team: \_\_\_\_\_

Age: \_\_\_\_\_

How long have you been with MTG? \_\_\_\_\_

Level of education: \_\_\_\_\_

What do you most enjoy about MTG? Please choose one

1	Making new friends, meeting different people	
2	Having fun	
3	Learning football skills	
4	Getting fit	
5	Peer education	
6	Traveling to different areas of Kenya	
7	Gaining life skills (confidence, self-esteem)	
8	Avoiding trouble	
9	Publicity – to be known in others areas	
10	Other	

### Teamwork:

1. If our team has a problem (such as a player missing practice without a reason, or if one players makes many mistakes on the pitch) I feel that my team is able to work through it

without getting upset/ talk **constructively** (trying to get an idea about positive team interactions) about such a problem freely and openly.

strongly disagree	disagree	agree	strongly agree

2. If I have a personal problem (at home, with boys) I can bring this problem to my teammates even when we are off the pitch.

Never	Sometimes	Frequently	Always

3. My team frequently argues, bickers, and complains (trying to get an idea of negative team interaction) about the play – or anything - of team members.

Strongly disagree	Disagree	Agree	Strongly agree

4. If I make a mistake on the pitch, I know my teammates will still support me.

Never	Sometimes	Frequently	Always

**Confidence:**

1. I believe that I can be good at something (football, school, giving a speech) if I work hard at it.

Strongly disagree	Disagree	Agree	Strongly agree

2. I feel that everything in my life goes wrong for me.

Strongly disagree	Disagree	Agree	Strongly agree

3. BEFORE joining MTG, had you ever talked in front of a group?

YES	NO

4. SINCE joining MTG have you ever talked in front of a group?

YES	NO

5. When I am in a difficult situation (for example, if I am accused of doing something that I did not do or if my friends are doing something I know is wrong) I do what I believe is right.

Strongly disagree	Disagree	Agree	Strongly agree

### Leadership

1. If one of my teammates has a problem I am one of the first people they come to for advice.

Strongly disagree	Disagree	Agree	Strongly agree

2. I am comfortable when I am given the chance to be a leader (when I am asked to make decisions for my team)

Strongly disagree	Disagree	Agree	Strongly agree

3. I feel that I am good at respecting and talking nicely to others.

Strongly disagree	Disagree	Agree	Strongly agree

**Self-Esteem:**

For each of the statements below, indicate how much you agree or disagree with each statement:

Statement	strongly disagree	disagree	agree	strongly agree
On the whole I am satisfied with myself				
At times I think I am no good at all				
I feel that I have a number of good qualities				
I am able to do things as well as most other people				
I feel I do not have much to be proud of				
I certainly feel useless at times				
I feel that I am a person of worth, at least equal with others				
I wish I had more respect for myself				
All in all, I am inclined to think that I am a failure				
I take a positive attitude towards myself				

**Organization skills:**

1. I think it is important for me to attend all practices and matches.

Strongly disagree	Disagree	Agree	Strongly agree

2. I talk and plan with my parents so that I can go to my practices and play in matches.

Strongly disagree	Disagree	Agree	Strongly agree

**Has an MTGK peer educator ever visited your team? If so please fill in the box below**

	Topic discussed		How much did you learn from your peer educator about each topic?		
	Yes	No	A lot	A little bit	Nothing
<b>HIV/AIDS</b>					
<b>Decision-making</b>					
<b>STDs</b>					
<b>Menstruation</b>					
<b>Adolescence</b>					
<b>Rape</b>					
<b>Incest</b>					
<b>Wife-beating</b>					

**Other:**

**HIV/AIDS questions:**

**For each of the following statements, indicate whether the following are true or false:**

**You can protect yourself from HIV/AIDS by:**

	<b>True</b>	<b>False</b>	<b>Don't know</b>
Having a good diet			
Staying with one faithful partner			
Using condoms during sexual intercourse			
Avoiding touching or sharing food with a person who has AIDS			
Avoiding being bitten by mosquitoes or similar insects			
Making sure any injection you have is done with a clean needle			
Other questions:			
A person infected with HIV can get drugs to help them live longer			
A person with HIV always shows symptoms, so you know they are infected by looking at them			

**Reproductive health questions:**

**For each of the following statements, indicate whether the following are true or false:**

	<b>True</b>	<b>False</b>	<b>Don't know</b>
Missing a period is a sign of pregnancy			
Using condoms during sexual intercourse can help prevent pregnancy			
You are more likely to get pregnant during certain times of your menstrual cycle than others			
A girl always has the right to choose to have intercourse or not			